

Men's Retreat

Thunderhead Episcopal Camp

14 -16 August 2009

A Prayer for Your Personality? Led by Scott Moseley, ObjN

What type of prayer do you use for your personal, one-on-one prayer life with God? Do you feel comfortable with it or does it feel awkward, cumbersome, or often dry? Maybe you've tried hard enough but the prayer just doesn't yield fruits of the Spirit? Perhaps the method you are using or have used, if any, isn't the best for the kind of person you are.

Or, maybe you would just like some confirmation in knowing that you are on the right track?

Or else, maybe you would like to know what would be the best prayer method when the time comes?

At our summer retreat, you will learn of the type of prayer that could be best suited to you as determined by the experience of others with the same personality type as yours. You will learn the basics of what most have determined to be the best method for them. One-on-one sessions are possible. Texts and the experience of those present who have already found their prayer method will be solicited. Then time will be set aside for the practice of the suggested prayer. By the end of the retreat, participants should go away with, at least,

- The understanding that personality and prayer types are pretty well correlated,
- The understanding that different methods of personal prayer yield differing degrees of spiritual fruit for the same person,
- Tools and references for helping others in their parish in their search for an appropriate method, and
- The confirmation or a suggestion of the prayer method for each one of us that could be the most fruitful.
- Some practice of and help with the suggested method.

Sessions

Friday Evening, August 14th

- Description and discussion of the results of the Michael & Norrissey 1982 *Prayer & Temperament Project*.
- Determining those of us who have already made the correlation between their personality type and prayer method. They may be asked to assist in presenting their prayer method later on.
- Filling out of the Kiersey-Bates Temperament questionnaire to get an idea of each participant's personality type.

Saturday Morning, August 15th

- Distribution of questionnaire results and discussion.
- Introduction to and discussion of the method *Lectio Divina* which is suited to a good degree for all personality types.
- Private time for *Lectio Divina*

Saturday Afternoon, August 15th

- Depending on the results, breakout into one-on-one sessions or by groups to present and discuss the method suggested for each participant's personality type.
- Private time for using the suggested method.

Saturday Evening, August 15th

- Just have a good time. Maybe give the cook a night off?

Sunday Morning, August 16th

- Private time for using the suggested method.
- Presentation and discussion of alternative methods.
- Holy Eucharist to close.

Men's Retreat Registration

Please send the \$100.00 fee with this form (or indicate that you need a scholarship). We encourage you to ask your church for help with the fee. Checks should be made to TEC. Return by July 15 to Thunderhead Episcopal Camp, PO Box 890, Lead, SD 57754; phone 605/584-2233; fax: 605/584-2242; email thunderhead@dakotablue.net

Name: _____

Address: _____ City: _____

State: _____ Zip code: _____ Phone number: _____

Church you attend: _____ Clergy name: _____

Roommate request: _____

How did you find out about the retreat?

- My church Mailing SD Church News A friend
 Other _____

Emergency number during this event (someone to contact):

Name _____

Relationship: _____ Phone: _____

Any dietary or medical needs or conditions we should be aware of? Please attach any special instructions:

Allergies/Reactions:

Are there any special accommodations you need (no stairs, vegetarian meals, etc.)? Explain:

Medications: *Please let us know of your medications, in case you need medical care and cannot tell us.*

Unless you reserved a cabin, bedding and towels are provided. Some personal supplies are available if you forget to bring them. You might want: Comfortable clothing, warm clothing (nights are often cool), cool clothing (days can be warm), comfortable walking shoes, slippers, personal supplies (soap, shampoo, toothbrush, etc.), Bible, a journal, sunhat and sunglasses, your own pillow (we have some).

Thunderhead Episcopal Camp has a comfortable lodge with a fireplace and indoor plumbing. Most rooms are double occupancy. Cabins are available for a reduced rate, with a separate shower house.